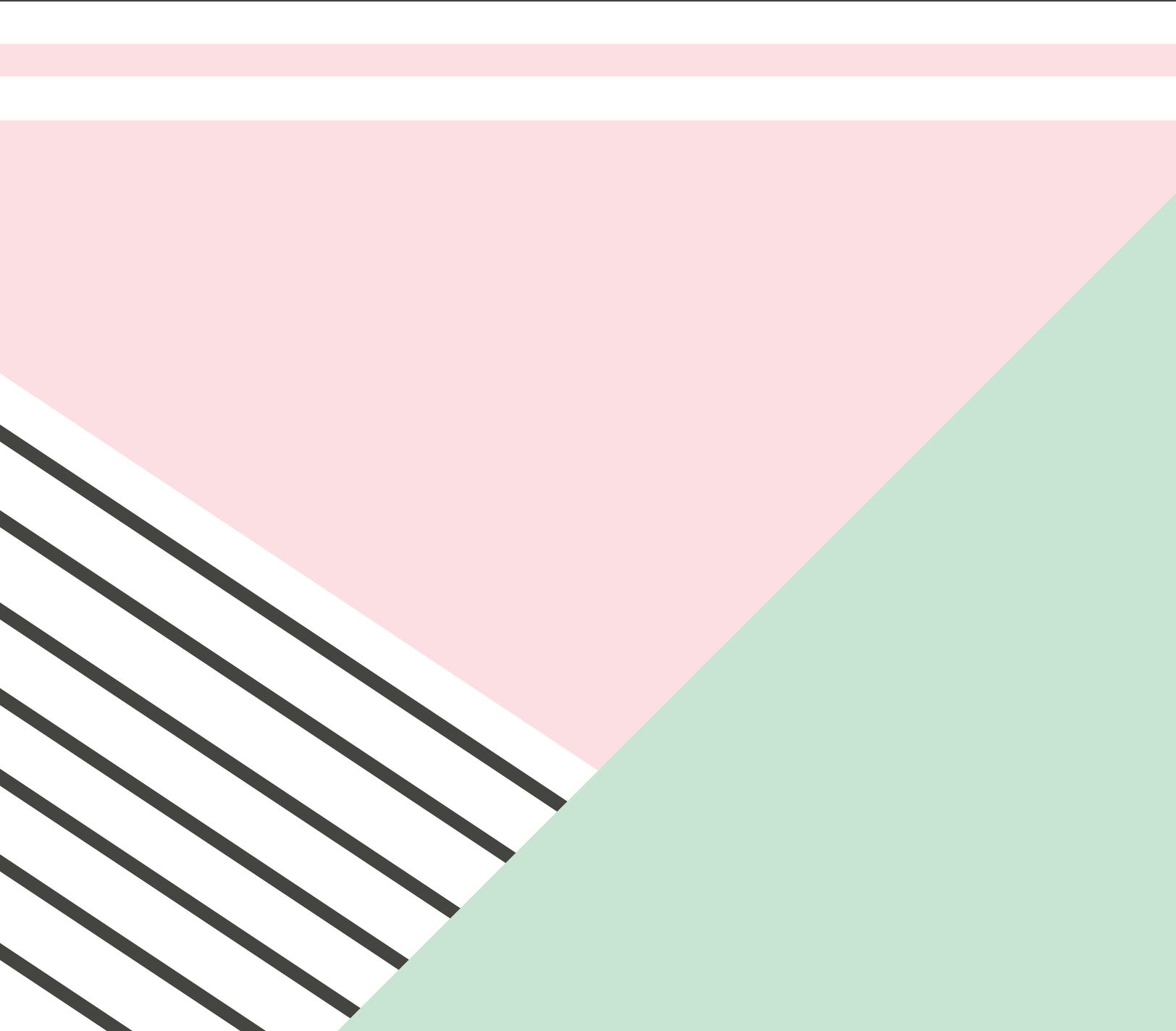


**THE ONLY  
VISION  
BOARD YOU  
WILL EVER  
NEED**

**20  
21**



# VISION BOARD

YOUR BEST YEAR YET!

## PERSONAL

ITEM

DATE

## FINANCIAL

ITEM

DATE

## BUSINESS

ITEM

DATE

# SETTING YOURSELF UP

## FIRST, ASK YOURSELF...

What it is that you really want.

Now, grab a pen (blue ink!) and a couple sheets of blue lined white paper, your favourite cup of beverage, your curl up blanket or whatever sets you in the mood to think, dream and imagine.

Now, begin to write everything you would like to have, do, achieve, see, feel... everything!

Just let the words and ideas flow.  
Write them all down.

Feels good doesn't it? Maybe it makes you feel like you are missing out and further away from where you would like to be? That's ok too. Meet yourself where you are at.

Now, grab another page and write out all of the things, thoughts, patterns, habits, people, tasks and such that would (and have in the past) gotten in the way of you getting to your goals.

No judgement now... just let it all flow. Its there in the background running the show and sabotaging you, so you so may as well get it out in the open and be honest with yourself.

## NOW... CIRCLE THE ONES YOU WANT TO ACHIEVE THIS YEAR

Now, I want you to dream and I want you to be a little bit realistic with yourself here.

The idea is to make goals from the list of things you want.

From the goals we will make an action plan.

From the action plan you will add that to your calendar or day planner so you can actually set yourself up for success.

There is a step-by-step process to this magic of manifestation and hitting your goals. It is so much easier to accomplish big things when are made into smaller more manageable items.

Now, take those things, items, etc you circled and add them to the page above, with a date that you hope to see them realized.

Here is the trick about dates... they are what INSPIRE you to ACTION, but are not for you to sit back and WAIT for these things to arrive.

Now, grab your passion planner or calendar and put the dates onto the days you have chosen.

# FINAL STEPS

THIS IS YOUR BEST  
YEAR YET!

20  
21

Grab a fresh sheet of blue lined paper, one for each of the circled 2021 goals/items you listed on your vision board page.

Reach out to me, to a chosen mentor, ask a friend or be brave and now map put all of things you need to start, to stop or to keep doing to make these happen. Write out all of the action steps you must take to bring your ideas/dreams/goals/wishes to pass!

Now, go back to your calendar or passion planner and write those action steps into the tasks/to do section of each day/week leading up to the date you set for achievement of your goal. Adjust the date as needed.

Be gentle on yourself, allow yourself time to relax and remember, this is a delightful process and you have a long way to go. Try to think in 12 week sets so you can work for 84 odd days with a weekend for break/relax/celebration and reset as needed.

Oh, and P.S. I believe in you. You got this!